



*Dear colleagues and friends,*

We are pleased to invite you to the 16<sup>th</sup> World Congress of the WADP and the 29<sup>th</sup> International Symposium of the German Academy of Psychoanalysis (DAP) e. V.

Developed by Günter Ammon and emphasized in the work of the famous Russian physician and scientist Vladimir Bekhterev, the explicitly holistic and multidimensional approach to understanding both the healthy and unhealthy human personality recognizes that the optimal modern treatment of mental disorders requires the broad interaction and inclusion of all human sciences. This concept is the foundation of the WADP. Specifically, it means combining biological, psychotherapeutic, and psychosocial expertise into a holistic complex of biopsychological treatment and research approaches.

As at previous WADP proceedings, presentations from different fields of psychiatry, medical psychology, and psychoanalysis will be delivered at the forthcoming 16<sup>th</sup> Congress of the WADP as well. The focus, however, will be on personality identity, a deep, but hitherto insufficiently discussed, problem in psychiatry. It is also a very pressing one, considering that it is, in the view of Dynamic Psychiatry, the basic issue in the psychotherapy of mental disorders such as schizophrenia,

affective disorders, personality disorders, psychosomatic diseases, and substance abuse disorders. Scientific ways to investigate the broad and varied interpersonal and intrapsychic fields of identity are still being sought, especially for specific disorders. The results that emerge from the congress will significantly influence the future development of Dynamic Psychiatry. The success and friendly collaborative atmosphere of the congress in St. Petersburg in 2007 give us confidence in looking forward to this next important scientific gathering.

Nikolaj G. Neznanov  
President of the World Association for Dynamic Psychiatry

*Dear colleagues and friends,*

The conference will address the enormous challenges for the development of personal identity under the circumstances of post-modern societies and globalization at the beginning of the 21<sup>st</sup> century. The ongoing processes of modernization and globalization create tensions and disturbances which often stress individuals' capacity of integration to the limit. Domestication of our natural environment has reached its limits and ecological crisis is inevitable. The consequences for the individual can be described as a permanent pressure in the direction of individualization with far reaching losses of traditional attachments to family, profession, religion etc. That means building a personal identity under post-modern circumstances requires "hyper-flexibility" and a "constructivist point of view on the world".

Dynamic Psychiatry as developed by Günter Ammon since 40 years focuses on the patient as a human being from a holistic point of view considering identity embedded in interpersonal networks and processes of exchange.

The congress will address to the opportunities and limits for a successful identity development. The role that interpersonal, group dynamic, cultural, political and societal influences play in this regard will be discussed.

The presentations will demonstrate most recent findings in the fields of brain, trauma, and attachment research as well as

research done in the field of resources, resilience and pharmacology.

May this congress join its precursor conferences in enabling a fruitful exchange between scientists from the different disciplines of medicine, psychiatry, psychology, psychoanalysis and psychotherapy, may it promote interdisciplinary research in sociology, philosophy and other fields, and may it allow us all to establish a discourse of the subject that combine the different cultures, societies and scientific fields!

We wish to thank the international organizations World Psychiatric Association, World Association for Social Psychiatry and the World Association of Psychosocial Rehabilitation for their support, and extend our thanks in particular to the psychiatric department of Ludwig-Maximilians-University of Munich for the excellent co-operation.

Maria Ammon  
President of German Academy for Psychoanalysis (DAP) e. V.

## Main Topics

### Aspects of Identity

Unconscious and conscious dimensions of anxiety, aggression, narcissism, ability to demarcation and integration, sexuality, creativity, joy

### Psychopathology and Treatment Methodology

Personality disorders, psychotraumatology, dissociative states, addictive behaviour, affective disorders, psychosis, psychosomatics, identity disorders, identity conflicts, inpatient and outpatient therapy, group psychotherapy, individual therapy, expressive therapies, milieu therapy, demands on therapists, therapeutic networks and transitional establishments, psychopharmacology

### Human Development

Attachment, mentalization, regulation, identification models, gender roles, childhood and adolescence, crisis and transformation, resources, resilience, prophylaxis, quality of life, body image, old age, death

### Concepts and Theories

Models of personality, structure and process, professional, individual and national identity, interpersonal and group dynamics; systemic approaches, transgenerationality, social energy, biographical research, neurobiological approaches, biopsychosocial conception, concept of separation and growing

### Society, Culture, Ethics and Spirituality

Globalization, migration, differentiated environmental influences, multimedia society, force, destruction and identity, science and research, religion, work, aspects of the future

