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International Symposium of DAP 2014 in St. Petersburg		
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Congress Fees: before	December 1, 2013	from December 1, 2013
Participants	350,00€	450,00€
Members of WADP, DAP,		
DGG, DGDP, DGPM	250,00€	350,00€
Students and trainees	100,00€	150,00€
One-day tickets	130,00€	130,00€

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Zodl. Stefanie

Deadline of Abstracts

November 30th 2013 Abstracts for papers and symposia (15 lines in English) should be sent to dapberlin@aol.com

Programme Outline

May 14th, 2014 Precongress and Registration May 15th, 2014 10.00 a.m. **Opening Ceremoney** May 15th-17th 2014 Scientific Programme

Presentations

20 minutes Paper Short Paper 10 minutes Symposium 90 minutes Workshop 90 minutes

Bayerische Landesärztekammer and Bayerische Psychotherapeutenkammer certification is requested

Congress Language

English (special sections in Russian)

Congress Location

Holiday Inn St. Petersburg-Moskovsky Moskovsky Prospekt 97A St. Petersburg 196084 Russia

Social Programme

Sightseeing Tour of St. Petersburg Visit of Catherine's Palace Visit of churches and cathedrals of St. Petersburg Visit of Peterhof Visit of Hermitage (Specific programme will be announced separately)



Congress Organisation

St. Petersburg:

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XXX. International Symposium of the German Academy for Psychoanalysis (DAP) e.V. 17th World Congress of the World Association for Dynamic Psychiatry WADP inc., Berne

Multidisciplinary Approach to and Treatment of Mental **Disorders: Myth or Reality?**

May 14th-17th, 2014

Holiday Inn St. Petersburg – Moskovskye

www.wadp-congress.de

recently become one of the most discussed topics among mental health scientists. This is quite understandable because of the financial difficulties that we are experiencing to various extents all over world, and these have a major impact on health care systems, including mental health care services. The discrepancy between the costs of any new generation of medicines and their efficacy is constantly growing. We can observe the regular appearance of new and *quite diverse approaches in the list* of health care services. It is indeed difficult to define how valuable these are if we don't compare them with the already existing ones, especially when these new approaches belong to different fields and specialties in mental health care. At the same time, national ministries of health care, insurance companies, patients themselves and their relatives make increasing demands on the quality of the provided mental health care services. All of this creates a great challenge to integrate therapeutic programs, linking the most effective approaches from different fields of mental health care system. Their efficacy should be proved by the means of evidence-based medicine. It is quite obvious that the development of such programs can only be successful as a result of constructive discussions among the representatives of all disciplines of the mental *health system – psychiatrists,* professionals of the in- and outpatient and ambulance care units, psychotherapists, clinical psychologists, social workers and nurses. *In the literature one can already* find the call for joining this new movement in mental health care. The reports on its successful application in real settings are also increasing. Nevertheless they are far away from becoming the standard of practical mental health service, especially in settings of managed care. The complexity in establishing a mutual understanding and a

Multidisciplinary approaches have

common language among participants of multi-professional teams is evident. This causes doubts about the reality of the determined goals and leads to the question whether a multidisciplinary approach is an emerging true reality or just a myth?

I hope that this congress will give its participants the opportunity to have a really fruitful discussion on this very actual, interesting and practically meaningful topic.

Nikolaj G. Neznanov President of the World Association for Dynamic Psychiatry (WADP)

We would like to cordially invite you to our 17th World Congress of the World Association of Dynamic Psychiatry, 2014 in St. Petersburg, together with the 30th International Symposium of the German Academy of Psychoanalysis (DAP). The congress will once more take place in close collaboration with the internationally renowned Psychoneurological Bekhterev Institute. The claim for a holistic view of the individual is increasingly argued in psychiatry and psychotherapy, for instance with the demand that the exclusively biological and psychosomatic model of illness should be expanded in the direction of a bio-psychosocial understanding of the human being. This implicitly requires an interdisciplinary collaboration with researching efforts to provide an insight into the conditions of human development, both in health and illness, and their implementation into practice.

Such efforts, however, are linked to a number of theoretical and practical problems. One challenge is, for instance, to combine the development of integrative research models and treatment approaches with the insight of the diverse human sciences and the results of the various schools in a way, that these efforts can be effectively applied to stimulate the wellbeing of the person in development requiring treatment including their surrounding groups and society.

For our patients, exposed to the

incessant demand of identity development through the changing social structures and the progressing globalization (this topic was extensively discussed at our 16th World Congress), we need a new kind of thinking and new ways leading to a holistic understanding. Therefore it is important to integrate the different scientific branches and disciplines as well as aspects of the different therapeutic schools with the aim to get an understanding of the individual in their healthy and interrupted development by always including surrounding groups and society; consolidating the various disciplines has become a necessity for the technique of treatment. However,

Günter Ammon added his comment: 'Each attempt to integrate different methods has to be made in the service of the patient, with the aim to better understand him in order to be able to help him in a better way' (Ammon 1982).

With his concept of the Berlin School of Dynamic Psychiatry, Günter Ammon very early on not only demanded an interdisciplinary collaboration of psychiatry and psychoanalysis but also the collaboration of other scientific disciplines such as psychology, pedagogy, philosophy, neurophysiology and neuropsychology, sociology, anthropology, ethics and especially analytic group dynamics. Since he considered the eclecticism especially within the psychiatric, psychotherapeutic and psychosomatic treatment as a great problem for the treatment of personality disorders in particular, he always intended -on the background of his multi-dimensional-integrative research and treatment approachto integrate the newest results from the interdisciplinary research into the treatment of people.

In the course of realising this demand for 'integration', numerous misunderstandings, resistance and deficits are occurring in practice within the group-dynamic network of interdisciplinary efforts, challenging us to come together in order to search for new ways of communication and networking. There to facilitate a discourse transcending the diverse cultures, societies and scientific disciplines is the aim of this congress.

We are hoping that the encounter of scientists from various disciplines like medicine, psychiatry, psychology, psychoanalysis and psychotherapy could promote the integration of interdisciplinary research from sociology, philosophy, pedagogy, the cultural anthropology and others to facilitate such a discourse on this topic. Furthermore, it is our wish that at the St. Petersburg Congress in 2014 the sciences of mankind can contribute in a way that problems related to an interdisciplinary collaboration can be perceived, consolidated and integrated in the service of our patients.

Again we would like to thank the international organizations, the WPA, the WASP and the World Association of Psychosocial Rehabilitation for their support. We are also exceptionally thankful for the excellent cooperation of the colleagues at the Bekhterev Insti-

Maria Ammon President of German Academy for Psychoanalysis (DAP) e. V.

Main Topics

Social influences on treatment. Economic crises and psycho-

Virtuell reality and anxiety in contact,

Liquid society and borders, Marginal men – exclusion and integration,

Service systems and treatment networks in different cultures, Integrative case management, Multidisciplinary collaboration between therapists and patients,

Method-transcending coopera-

Multidisciplinary teamwork and

Theoretical and practical models of multidisciplinarity, Person-centered medicine, Brain-research and emotional aspects,

Results of interdisciplinary research in psychotherapy, Forensical ethical aspects in psychotherapy

Integration of mind, psyche and

Multidisciplinary understanding of personality,

Towards a general psychotherapy?

Integration of methods vs. eclec-

Expressive und body-oriented psychotherapies,

Religion und spirituality in psychotherapy,

Philosophical and transcultural aspects in psychotherapy and psychiatry

Androgyny and gender problems in psychotherapy,

Resources and resilience. Verbal and non-verbal treatment

approaches

(subject to changes)

(Tel Aviv)

Key Lectures

Ammon Maria (Berlin), Battegay

Raymond (Basel), Bauer Joachim

(Freiburg), Billow Richard (New

York), Burbiel Ilse (Munich), Hessel

Thomas (Munich), Hüther Gerald

(Göttingen), Kick Hermes

(Mannheim), Kuey Levent

(Istanbul), Mezzich Juan

(New York), Neznanov Nikolaj

(Cologne), Tyano Shmouel

(St. Petersburg), Tschuschke Volker

